

biopelle®

OFFICE PROTOCOL

Microneedling + Tensage® Intensive Serum 40

Natural SCA Biorepair Growth Factor Technology with Collagen Induction Therapy Tones & Hydrates

Step 1: PROCEDURE STEPS

Do not cleanse skin prior to application of cream. Apply **L.M.X.4®** 30 minutes prior to procedure by initially applying a thin layer onto intact skin, massaging for about 20 seconds. Liberally apply a second thick layer of **L.M.X.4** onto the skin, (similar to frosting a cake). If the patient is applying the cream at home they can arrive at the office with it on, or they can remove it at home- no more than 1 hour prior to procedure.

Step 2: CLEANSE & PREPARE

After 30 minutes, thoroughly remove **L.M.X.4** by cleansing the skin with **Tensage Gentle Gel Cleanser**. Gently wipe cleansed skin with sterilized gauze pad soaked in isopropyl alcohol or other antiseptic solution.

Prep skin as recommended by your Microneedling supplier.

Step 3: MICRONEEDLING PROCEDURE

- Apply a "glide gel" or other recommended product before procedure.
- Perform Microneedling procedure.
- Gently wipe skin with isopropyl alcohol.

An alternative approach that has been successful in many offices is to use an ampoule of the **Tensage Intensive Serum 40** as your **lubricant instead of a gel glide**.

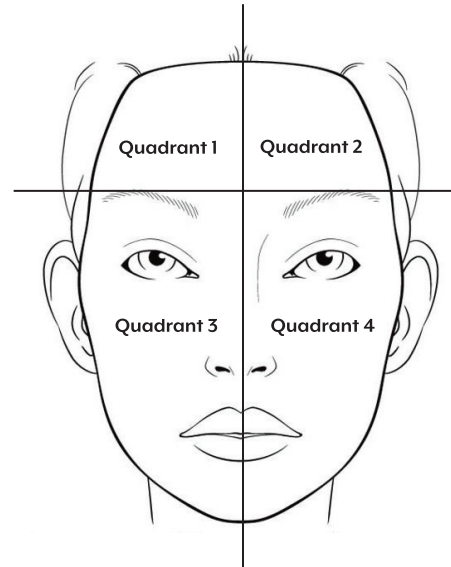
This procedure will be performed in sequence on the four quadrants of the face, as indicated on the diagram.

- Apply **Tensage Intensive Serum 40** to prepared skin.
- Perform Microneedling procedure
- Gently wipe skin with isopropyl alcohol.
- Repeat to remaining quadrants of the face.

Step 4: SCA BIOREPAIR

Apply one **Tensage Intensive Serum 40** ampoule immediately post-procedure to the entire treated area.

Give patient the box of **Tensage Intensive Serum 40** with the 8 or 9 remaining ampoules. Have patient use one ampoule the evening of the procedure, then use twice daily in the morning and evening for the following 3-4 days.



Refer to "Patient Home Care Post-Procedure Microneedling" document for detailed post-procedure instructions.



Named "Best Post Procedure Serum" by *New Beauty*

Tensage Intensive Serum 40

The use of Tensage Intensive Serum 40 helps decrease procedural side effects while improving healing time and enhancing results.



Tensage Intensive Serum 40 Ampoule Directions:

While holding the ampoule upright with sleeve in place, crush gently between thumb and forefinger. Remove sleeve and place back on ampoule with swab exposed.

Gently squeeze to begin the flow of the serum, then with light sweeping motions while squeezing, coat the treated area with a generous layer of serum.

Wait 1-2 minutes for serum to absorb into skin before applying other products. It is normal to feel some tingling upon application.



PATIENT POST-PROCEDURE HOME CARE

Microneedling + Tensage® Intensive Serum 40

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THIS PROTOCOL HAS BEEN DEVELOPED TO HELP PROVIDE OPTIMAL RESULTS, AND IS ONLY A GUIDELINE. ALWAYS FOLLOW YOUR SKIN CARE PROVIDERS SPECIFIC INSTRUCTIONS.

Date of Procedure: _____

Post-Procedure Follow Up Date: _____

Office Contact Information: _____



Day 1: HOME CARE PROTOCOL

Do **NOT** wash the treated area for the first 24 hours immediately following the procedure. Apply one **Tensage Intensive Serum 40** ampoule to the treated area, or as directed by your skincare provider.

Day 2 AND BEYOND:

Depending on procedure intensity, skin may be red for the first day or two. Swelling (especially around the eyes) may also occur and usually resolves in 2 to 3 days. Sleeping with additional pillows to elevate the head is helpful. It is normal for skin to feel tight and/or “sunburned” and dry. For the first few days while skin is still sensitive, do NOT scrub or use a washcloth. If necessary, cotton may be used as a substitute to a washcloth. Avoid using hot water.

Begin your skincare regimen as follows:

AM:

Step 1: Cleanse with **Tensage Gentle Gel Cleanser** and pat dry.

Step 2: Apply 1 **Tensage 40 Intensive Serum** ampoule to face, neck & décolletage.*

**The goal is to keep the skin supported with growth factor technology to help hydrate and nourish the skin during post-procedure trauma so that the skin heals faster, helping reduce the potential of negative side effects.*

How to use the Tensage ampoule: As per the directions for use, while holding the ampoule upright with sleeve in place, crush gently between thumb and forefinger. Remove sleeve and place back on ampoule with swab exposed. Squeeze gently to begin the flow of the serum, then with light sweeping motions while squeezing, coat the treated area with a generous layer of serum. Wait 1-2 minutes for serum to absorb into skin before applying other products. It is normal to feel some tingling upon application.

Step 3: Nourish and hydrate the skin with **Tensage Soothing Cream Moisturizer**.

Step 4: Always apply a broad spectrum sunscreen daily at all times, **EVEN IF INDOORS**.

PM:

Step 1: Cleanse with **Tensage Gentle Gel Cleanser** and pat dry.

Step 2: Apply 1 **Tensage 40 Intensive Serum** ampoule until completion.

Step 3: Apply a small amount of **Tensage Soothing Cream** to face, neck & décolletage.

Continue AM/PM Regimen until product completion then move on to recommended maintenance products.

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TENSAGE DAILY MAINTENANCE

RECOMMENDED DAILY TENSAGE PRODUCTS TO MAINTAIN RESULTS

Protect your investment by using daily maintenance products in your skincare routine.

CLEANSE:



Tensage® Gentle Gel Cleanser – SCA 2 Biorepair Index

This AM and PM oil-free cleanser gently removes excess oils and impurities to leave skin feeling fresh and clean. Gentle enough to be used daily on compromised skin or following aesthetic procedures. Ideal for all skin types, including sensitive and acne-prone skin.

TREAT:



Tensage® Daily Serum – SCA 15 Biorepair Index

Perfect for all skin types, this elegant, oil-free daily serum can help improve the visible signs of aging. Additional ingredients include niacinamide combined with antioxidants, brightening agents and humectants. Daily Serum is a critical component to help maintain the results from aesthetic procedures and Tensage Intensive Serum therapies. For best results, use twice per day.



Tensage® Radiance Eye Cream – SCA 10 Biorepair Index

This lightly tinted cream can help even skin tone while firming and tightening the delicate eye areas. Includes antioxidants for daily protection, peptides to help improve the appearance of fine lines and wrinkles and brightening agents to help illuminate tired eyes.



Tensage® Stem Cell Eye Cream

A rich, nourishing formulation ideal for the fragile eye area. Tensage Stem Cell Eye Cream helps combat multiple signs of aging around the eyes – like crow's feet, dark circles and under eye puffiness. Additional ingredients include caffeine, peptides, antioxidants, soothing botanical extracts, brightening agents, sodium hyaluronate and retinol. Ideal for PM use. If applied in the AM, apply a sunscreen of SPF 30 or higher.

MOISTURIZE:



Tensage® Advanced Cream Moisturizer – SCA 6 Biorepair Index

This highly emollient formulation is ideal for normal-to-dry or mature skin exhibiting advanced signs of aging and skin damages.



Tensage® Soothing Cream Moisturizer – SCA 3 Biorepair Index

This non-comedogenic cream is ideal for normal-to-oily skin exhibiting the early signs of aging. Skin irritated by acne medications or following dermatologic procedures can also benefit from its soothing relief.

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AT-HOME BOOSTED TREATMENT PROTOCOL

TREATMENTS

An at-home boosted treatment can help revitalize your skin in between your in-office treatments.

*A treatment of either the **Tensage Intensive Serum 40** or **Tensage Intensive Serum 50** can be done once every three months in addition to your maintenance products. Additionally, give your skin a treatment any time you need to refresh your skin for an event or when you don't have time to see your skin care provider.*



Tensage® Intensive Serum 40 – SCA 40 Biorepair Index

A high level of growth factor that can help promote post-procedural skin repair and healing. Helps to shorten healing time, optimize procedural outcomes and reduce negative procedural side effects — with visible improvement in as little as 24 hours after application. Tensage 40 ampoules are used extensively to dramatically reduce downtime from procedures like microneedling, lasers and chemical peels. For best results, use one ampoule per day for 7 days, followed by one ampoule weekly for 3 weeks in the evening.



Tensage® Intensive Serum 50 – SCA 50 Biorepair Index

For fast, dramatic improvement in the visible appearance of moderate-to-severe skin damage caused by UV light as well as environmental and smoke toxins. Antioxidants, glycoproteins, humectants, peptides and brightening agents have been added to provide additional protection from daily damage and to help reduce the visible signs of aging. For best results, apply once per day in the evening.

Note: Do not apply post-procedure as additional ingredients may cause irritation.

INTENSIVE BOOST TREATMENT PROTOCOL

Normal to Oily and Acne Prone Skin Types

AM: Follow your normal morning routine.

PM:

CLEANSE: Cleanse skin with **Tensage Gentle Gel Cleanser**.

TREAT: Apply **Tensage Intensive Serum 40** to face (neck, and décolletage optional).

How to use the Tensage ampoule: As per the directions for use, while holding the ampoule upright with sleeve in place, crush gently between thumb and forefinger. Remove sleeve and place back on ampoule with swab exposed. Squeeze gently to begin the flow of the serum, then with light sweeping motions while squeezing, coat the treated area with a generous layer of serum. Wait 1-2 minutes for serum to absorb into skin before applying other products. It is normal to feel some tingling upon application.

MOISTURIZE: Apply **Tensage Soothing Cream Moisturizer**.

Repeat nightly for one week, followed by one ampoule application a week for three weeks.

Normal to Dry Skin Types

AM: Follow your normal morning routine.

PM:

CLEANSE: Cleanse with **Tensage Gentle Gel Cleanser**.

TREAT: Apply **Tensage 50 Intensive Serum** to face, neck & décolletage.

How to use the Tensage 50 vial: Open tube per package directions and apply to face with light, sweeping motions. It is normal to feel some tingling upon application. If any irritation or redness occurs, discontinue use, at least temporarily. Each tube contains 2-3 applications based on the area treated.

MOISTURIZE: Apply **Tensage Advanced Cream Moisturizer**.

Repeat evening application of **Tensage Intensive Serum 50** until box completion.