

OFFICE PROTOCOL

Non-Ablative Procedure + Tensage® Intensive Serum 40

Natural SCA Biorepair Growth Factor Technology with Non-Ablative Procedure Tones & Hydrates

This protocol has been developed to help provide optimal result with non-ablative procedures such as chemical peels, radiofrequency, IPL, etc.

Step 1: CLEANSE

Cleanse and prepare skin with Tensage® Gentle Gel Cleanser.

Step 2: PERFORM PROCEDURE

Perform the procedure according to the manufacturer's directions.

Step 3: SCA BIOREPAIR

Apply one **Tensage Intensive Serum 40** ampoule immediately post-procedure to the entire treated area.

Give patient the box of **Tensage Intensive Serum 40** with the 9 remaining ampoules. Have patient use one ampoule the evening of the procedure, then use twice daily in the morning and evening for the following 3-4 days.

USE OF TENSAGE INTENSIVE SERUM 40 HAS BEEN SHOWN TO HELP:

- Significantly reduce the appearance of redness.
- Improve skin texture, tone and elasticity.
- Optimize procedural outcomes.
- Shorten length of time between procedures.
- Increase patient satisfaction with procedural results.

TENSAGE[®] INTENSIVE SERUM 40





WITH TENSAGE

WITHOUT TENSAGE

Subject received a 25% TCA Peel treatment. She applied **Tensage® Intensive Serum 40** growth factor ampoules to one side of her face. Visible improvement was seen within 24 hours of application. Photo courtesy of Dr. Monika Kiripolsky

Refer to "Patient Home Care Post-Procedure" document for detailed post-procedure instructions.



Named "Best Post Procedure Serum" by New Beauty

Tensage Intensive Serum 40

The use of Tensage Intensive Serum 40 helps decrease procedural side effects while improving healing time and enhancing results.



Tensage Intensive Serum 40 Ampoule Directions:

While holding the ampoule upright with sleeve in place, crush gently between thumb and forefinger. Remove sleeve and place back on ampoule with swab exposed.

Gently squeeze to begin the flow of the serum, then with light sweeping motions while squeezing, coat the treated area with a generous layer of serum.

Wait 1-2 minutes for serum to absorb into skin before applying other products. It is normal to feel some tingling upon application.



PATIENT POST-PROCEDURE HOME CARE

Non-Ablative Procedure + Tensage® Intensive Serum 40

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THIS PROTOCOL HAS BEEN DEVELOPED TO HELP PROVIDE OPTIMAL RESULTS, AND IS ONLY A GUIDELINE. ALWAYS FOLLOW YOUR SKIN CARE PROVIDERS SPECIFIC INSTRUCTIONS.

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Date of Procedure:	
Post-Procedure Follow Up Date:	.8
Office Contact Information:	

Day 1: HOME CARE PROTOCOL

Do **NOT** wash the treated area for the first 24 hours immediately following the procedure. Apply one **Tensage Intensive Serum 40** ampoule to the treated area, or as directed by your skincare provider.

Day 2 AND BEYOND:

Depending on procedure intensity, skin may be red for the 3-5 days. Swelling (especially around the eyes) may also occur and usually resolves in 2 to 3 days. Sleeping with additional pillows to elevate the head is helpful. It is normal for skin to feel "sunburned" and tight. Moisturizers & SPF should be reapplied generously throughout the day as needed, or as indicated by skincare provider. Continue to apply for the next few days until skin no longer feels tight. Depending on procedure intensity, around day 3 your skin may start to slough off - **DO NOT PICK AT IT**. If you experience any sloughing, allow skin to slough off naturally on its own .

Begin your skincare regimen as follows:

AM:

- Step 1: Cleanse with **Tensage Gentle Gel Cleanser** and pat dry.
- Step 2: Apply 1 Tensage 40 Intensive Serum ampoule to face, neck & décolletage.*

*The goal is to keep the skin supported with growth factor technology to help hydrate and nourish the skin during post-procedure trauma so that the skin heals faster, helping reduce the potential of negative side effects.

How to use the Tensage ampoule: As per the directions for use, while holding the ampoule upright with sleeve in place, crush gently between thumb and forefinger. Remove sleeve and place back on ampoule with swab exposed. Squeeze gently to begin the flow of the serum, then with light sweeping motions while squeezing, coat the treated area with a generous layer of serum. Wait 1-2 minutes for serum to absorb into skin before applying other products. It is normal to feel some tingling upon application.

- Step 3: Protect your investment and apply Tensage Soothing Cream Moisturizer daily.
- Step 4: Always apply a broad spectrum sunscreen daily at all times, EVEN IF INDOORS.

PM:

- Step 1: Cleanse with **Tensage Gentle Gel Cleanser** and pat dry.
- Step 2: Apply 1 Tensage 40 Intensive Serum ampoule until box completion.
- Step 3: Apply a small amount of **Tensage Soothing Cream Moisturizer** to face, neck & décolletage.

Continue AM/PM Regimen until product completion then move on to recommended maintenance products.



PATIENT POST-PROCEDURE HOME CARE

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RECOMMENDED DAILY TENSAGE PRODUCTS TO MAINTAIN RESULTS

Protect your investment by using daily maintenance products in your skincare routine.

CLEANSE:



Tensage[®] **Gentle Gel Cleanser** – SCA 2 Biorepair Index

This AM and PM oil-free cleanser gently removes excess oils and impurities to leave skin feeling freshand clean. Gentle enough to be used daily on compromised skin or following aesthetic procedures. Ideal for all skin types, including sensitive and acne- prone skin.

TREAT:



Tensage* **Daily Serum** – SCA 15 Biorepair Index

Perfect for all skin types, this elegant, oil-free daily serum can help improve the visible signs of aging. Additional ingredients include niacinamide combined with antioxidants, brightening agents and humectants. Daily Serum is a critical component to help maintain the results from aesthetic procedures and Tensage Intensive Serum therapies. For best results, use twice per day.



Tensage[®] **Radiance Eye Cream** – *SCA 10 Biorepair Index*

This lightly tinted cream can help even skin tone while firming and tightening the delicate eye areas. Includes antioxidants for daily protection, peptides to help improve the appearance of fine lines and wrinkles and brightening agents to help illuminate tired eyes.



Tensage[®] Stem Cell Eye Cream

A rich, nourishing formulation ideal for the fragile eye area. Tensage Stem Cell Eye Cream helps combat multiple signs of aging around the eyes – like crow's feet, dark circles and under eye puffiness. Additional ingredients include caffeine, peptides, antioxidants, soothing botanical extracts, brightening agents, sodium hyaluronate and retinol. Ideal for PM use. If applied in the AM, apply a sunscreen of SPF 30 or higher.

MOISTURIZE:



Tensage[®] **Advanced Cream Moisturizer** – *SCA 6 Biorepair Index*

This highly emollient formulation is ideal for normal-to-dry or mature skin exhibiting advanced signs of aging and skin damages.



Tensage Soothing Cream Moisturizer – SCA 3 Biorepair Index

This non-comedogenic cream is ideal for normal-to-oily skin exhibiting the early signs of aging. Skin irritated by acne medications or following dermatologic procedures can also benefit from its soothing relief.



AT-HOME BOOSTED TREATMENT PROTOCOL

TREATMENTS

An at-home boosted treatment can help revitalize your skin in between your in-office treatments.

A treatment of either the **Tensage Intensive Serum 40** or **Tensage Intensive Serum 50** can be done once every three months in addition to your maintenance products. Additionally, give your skin a treatment any time you need to refresh your skin for an event or when you don't have time to see your skin care provider.



Tensage[®] **Intensive Serum 40** – SCA 40 Biorepair Index

A high level of growth factor that can help promote post-procedural skin repair and healing. Helps to shorten healing time, optimize procedural outcomes and reduce negative procedural side effects — with visible improvement in as little as 24 hours after application. Tensage 40 ampoules are used extensively to dramatically reduce downtime from procedures like microneedling, lasers and chemical peels. For best results, use one ampoule per day for 7 days, followed by one ampoule weekly for 3 weeks in the evening.



Tensage[®] **Intensive Serum 50** – SCA 50 Biorepair Index

For fast, dramatic improvement in the visible appearance of moderate-to-severe skin damage caused by UV light as well as environmental and smoke toxins. Antioxidants, glycoproteins, humectants, peptides and brightening agents have been added to provide additional protection from daily damage and to help reduce the visible signs of aging. For best results, apply once per day in the evening.

Note: Do not apply post-procedure as additional ingredients may cause irritation.

INTENSIVE BOOST TREATMENT PROTOCOL

Normal to Oily and Acne Prone Skin Types

AM: Follow your normal morning routine.

PM:

CLEANSE: Cleanse skin with Tensage Gentle Gel Cleanser.

TREAT: Apply Tensage Intensive Serum 40 to face (neck, and decolletage optional).

How to use the Tensage ampoule: As per the directions for use, while holding the ampoule upright with sleeve in place, crush gently between thumb and forefinger. Remove sleeve and place back on ampoule with swab exposed. Squeeze gently to begin the flow of the serum, then with light sweeping motions while squeezing, coat the treated area with a generous layer of serum. Wait 1-2 minutes for serum to absorb into skin before applying other products. It is normal to feel some tingling upon application.

MOISTURIZE: Apply Tensage Soothing Cream Moisturizer.

Repeat evening application of Tensage Intensive Serum 40 until box completion.

Normal to Dry Skin Types

AM: Follow your normal morning routine.

PM:

CLEANSE: Cleanse with Tensage Gentle Gel Cleanser.

TREAT: Apply **Tensage 50 Intensive Serum** to face, neck & décolletage.

How to use the Tensage 50 vial: Open tube per package directions and apply to face with light, sweeping motions. It is normal to feel some tingling upon application. If any irritation or redness occurs, discontinue use, at least temporarily. Each tube contains 2-3 applications based on the area treated.

MOISTURIZE: Apply Tensage Advanced Cream Moisturizer.

Repeat evening application of **Tensage Intensive Serum 50** until box completion.